

7.8 Follow-Up Contract for Your Pump Start

After you start on a pump, know what your glucose targets are, who to contact if problems with the pump or your control occur, and when to call for help.

My target ranges are:

_____ to _____ mg/dl (mmol/L) before meals

_____ to _____ mg/dl (mmol/L) after meals

_____ to _____ mg/dl (mmol/L) at bedtime

I agree to call _____ at (____) _____ or (____) _____ if I have:

more than _____ test results below _____ mg/dl (mmol/L) in any _____ day period.

any meter value below _____ mg/dl (mmol/L).

more than _____ glucose tests above _____ mg/dl in any _____ day period.

Your signature

Your doctor's signature