

Test Strips



Freestyle

For Freestyle, Flash, Freedom and Cozmonitor meters.

50	100	150
\$28.00	\$55.50	\$81.00



Freestyle Lite

Freestyle Lite meters

50	100	150
\$34.75	\$67.50	\$99.75



WaveSense Presto

For the WaveSense Presto meter

50	100
\$21.00	\$42.00



Ascensia Contour

For use with the Ascensia Contour meter.

50	100
\$26.50	\$53.00



Accu-Chek Aviva

For Accu-Chek Aviva meters.

50	100
\$28.00	\$56.00



Accu-Chek Comfort Curve

For Accu-Chek Advantage and Complete meters.

50	100
\$27.50	\$53.50



Accu-Chek Compact

For Accu-Chek Compact meter. 17 tests per cartridge.

51	102
\$28.00	\$54.50



One Touch Ultra

For Ultra, Ultra Smart and InDuo meters.

50	100
\$35.00	\$69.00



Advance

For Hypoguard Advance meters.

50	100
\$21.35	\$41.75



Autolet Lancing Device

Adjustable tip with 5 settings
Yours for \$8.95



BD Ultrafine Lancets

30 gauge lancets, #100
Just \$7.95

8.2 When To Test And Why

Testing guides you to good control, but cannot help if you want to please your doctor by getting good numbers. Do not skip a test if you suspect a high or low reading. This is the most valuable time to test. Only testing can turn a problem with a current reading into a better reading on the next test. Testing when low also records when lows occur and improves the accuracy of insulin adjustments.

Before Breakfast - Sets the tone for the day. An optimal breakfast reading lets you control the rest of the day more easily. If it is not optimal, you can start making adjustments at breakfast.

Before Lunch and Dinner - Lets you know how well your carb bolus covered the carbs eaten at breakfast and lunch, respectively.

2 Hours After Meals - Tells you right away whether you covered those carbs well enough and enables a fast correction when a reading is high or low.

At Bedtime - Lets you know how well you covered carbs at dinner. Helps prevent night lows & lets you wake up with your glucose in your target range.

Occasionally at 2 am - Prevents middle of the night lows, tells you whether your night basal is too high or low, and lets you make adjustments that lead to great breakfast readings.

Before driving and hourly during longer trips - Keeps you safe.

Before, during, and after exercise or activity that last longer than 1 hour - Maximizes performance and safety. Be sure to check at 2 am that night!

Any time you think you are low or high - Speeds corrections.

Before and after drinking alcohol - More safety and less embarrassment. Again, be sure to check during the night.

After any change in basal rates or bolus doses - Tells you if you need further adjustment. Alerts you to a correction that may lead to lows.

Record insulin doses, blood sugars, food choices, carb counts, and activity in Smart Charts or a comprehensive logbook. Bring your written records and meter to each clinic visit.

Order Form



Mail:
The Diabetes Mall
1030 W. Upas Street
San Diego, Ca. 92103



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City _____

State _____ Zip _____

Phone () _____ Fax () _____

2. Order

Book or Product	Qty	Price	Total
1		\$	\$
2		\$	\$
3		\$	\$
4		\$	\$
5		\$	\$
6 Plus a free Smart Chart record book	1	\$ Free	\$ Free

Shipping Cost must be included

Priority Mail, US, 2-3 Days: 1 book \$5.25 + \$1.25 per extra
 Media Mail, US, 10-14 Days: 1 book \$3.25 + \$.50 per extra
 Priority to Canada: 1 book \$9.50 + \$1.25 per extra (max 3)
 Above prices for books only. Call or check our website for shipping on test strips, scales, and software, or UPS delivery.

Subtotal \$ _____

CA residents, add 7.75% tax \$ _____

Add shipping \$ _____

Total \$ _____

3. Payment

Visa MC AE Disc. Check or money order to The Diabetes Mall

Card: # _____ Expires: _____ / _____

Signature: _____



Diabetes Mall 2009 Catalog

Include sales tax if you live in California. Prices are subject to change without notice.

Visit www.diabetesnet.com/ishop/ for current prices on test strips and new books.

Call (800) 988-4772 or visit us online store at www.diabetesnet.com