

9.3 Determine Your Starting TDD

Add your values from Workspace 9.1 and 9.2.
Multiply the total by 0.45 to get your starting TDD:

From 9.1: My current TDD = _____ u/day

From 9.2: Avg. TDD for my Wt = + _____ u/day

Total of 9.1 + 9.2 = _____ u/day

x 0.45

My Starting TDD = _____ u/day