## 14.13 Download Your Meter's Memory

Write down each glucose test, its time, and your 14 day avg. BG from your meter. Transfer to a logbook to find patterns.

14 day avg. = _____ mg/dl(mmol/L) # tests = _____

| Date | Time | Glucose |
|---|---|---|
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |
| ____/____/____ | _____ am/pm | _____ mg/dl (mmol/L) |