

13.5 Test Your Correction Factor

An accurate CorrF will bring your high glucose down to between 70 and 130 mg/dl (3.9 to 6.8 mmol/L) in 5 to 6 hours without going low.

- 1) Start your test when:
 - a. Your glucose is over 250 mg/dl (13.9 mmol/L)
 - b. You have not eaten in the last 3 hours nor given a bolus in the last 5 hours
 - c. You can wait to eat for another 5 hours – small amounts of protein are OK
- 2) Set your Correction Target to 100 mg/dl (5.6 mmol/L) for the test. Reset to your normal target after you give this correction bolus.
- 3) Take the correction bolus that your pump BC recommends.
- 4) Check your glucose hourly or wear a CGM. Check more often if glucose is dropping quickly.

Correction Factor Test

Start	~ 1 hr later	~ 2hrs later	~ 3 hrs later	~ 4 hrs later	~ 5 hrs later
_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm
BG = _____ mg/dl	_____ mg/dl	_____ mg/dl	_____ mg/dl	_____ mg/dl	_____ mg/dl
Change in glucose =	_____ mg/dl	_____ mg/dl	_____ mg/dl	_____ mg/dl	_____ mg/dl

